

# Volunteering in the SCA

## Reasons for Volunteering

- Wanting to give back to the Society
- No one else is able/wants to help
- Feeling like they need to 'earn' acceptance

## Reasons not to Volunteer

- Feeling like you're stepping on toes
- Not knowing what to do/who to talk to/where to start
- Waiting to be asked

## Volunteer Pitfalls

- Burn-out
- Having your group become overly-reliant on you
- Feeling like you can't say no
- "Dig a good hole, be handed a bigger shovel"

## Volunteer Advantages

- Society runs on volunteers
- Less stress for Sencschels/Event Stewards
- It can be fun
- Many hands make light work
- Easy way to meet people without pressure
- People think you are awesome

## Group discussion questions

*What does volunteering mean to you?*

*What are the signs that you are taking on too much?*

*What kind of volunteering do you enjoy?*

*What fields of volunteering are you interested in trying in the future?*